

SWGR recognise the risk of fatigue associated with our scope of operations and we are committed to taking all necessary steps to control the associated risk so far as is reasonably practicable. We are also committed to the health and wellbeing of our employees and contractors and recognise the potential effect that fatigue presents.

SWGR shall design and implement arrangements to comply with the following legislation and guidance in achieving this:

- Health and Safety at Work etc. Act 1974
- Management of Health and Safety at Work Regulations 1999
- Railways and Other Guided Transport Systems (Safety) Regulations 2006
- ORR Guidance on 'Managing Rail Staff Fatigue'
- Rail Industry and Client Standards

We are committed to following and continuously improving our arrangements in accordance with the following basic principles:

- We shall incorporate the management of fatigue into our planning processes by use of the HSE Fatigue Index Calculator.
- Work more than a 12-hour shift inclusive of travel.
- Return to work on their next shift without a satisfactory rest and recuperation period of at least 12 hours.
- Work more than 72 hours within 7 consecutive days.
- Work more than 13 shifts in any 14-day period when working on the Network Rail Infrastructure.
- Work more than 12 shifts in any 14-day period when work takes places out with the Network Rail Infrastructure.
- Exceedance of hours in emergency situations shall only be permitted once the risk of fatigue has been assessed and an acceptable outcome achieved and authorised by a designated Senior Manager.
- Engagement with our employees and contractors to enable the risk of fatigue to be understood and cooperation obtained.
- Take a rest break every 2 hours when driving.
- We commit to meet Client and Infrastructure Manager Requirements.

The implementation of this policy is the responsibility of the Managing Director assisted by the operational line managers and other members of the management team.

Signed:



Raj Sinha
Group Managing Director